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We
Are
God

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We Are God

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Foreword

In my e-book, [The Secrets of Manifesting Your Reality](#), I mention that there are three assumptions that I presume you have before beginning to work with the information I give you. I said it is not my place to bring you to these understandings.

I changed my mind.

This e-book is for the open minded, who are genuinely searching for answers. I can give the best evidence in the world to someone who is unwilling to accept it, and it will not be accepted. I can give proof that $1+1=2$ to someone who is unwilling to accept it, and it will not be accepted. If you find yourself here with a cynical mind, that is alright. If you are completely closed to other ways of viewing the world and God, however, this e-book is probably not for you.

I was raised Christian, Methodist, in a small town in the Bible Belt. Ironically, this was an ideal place to begin my spiritual searching, as I had two things that some people don't have. I had one inbred system in which I believed that did not produce the spiritual results I desired – this created a sense of frustration and questioning that, had I no belief system at all, perhaps would never have arisen within me. The other thing I had was, at least for several years, absolutely no one to whom I could relate about such matters. That may sound difficult, but it sharpened my mind, as I had to find my own answers, verify and validate my own hypotheses, and form my own opinions about the way the world worked without the input of anyone else.

Finally, when I went to college, I became exposed to the New Age (now sometimes “metaphysical”) section of Books a Million, as well as the science section's numerous books by quantum-physicists-turned-mystics. Finally I had a large amount of information available upon which to compare, contrast, and expand my ideas. Before this, all the material I had had at my disposal had been a few shoddy ESP books from the local library, *Modern Magick* by Don Kraig (quickly bought at a bookstore behind my parents' back some years before), and Robert Bruce's original *Treatise on Astral Projection* which I had discovered on the internet before the internet became commonplace (it was all-text at the time, if that tells you anything).

After reading hundreds of books on all matter of subjects – New Age, Shamanism, Psychic Abilities, Astral Projection, Afterlife, Quantum Physics, Manifestation, Magick, Philosophy, Wicca, the Bible, Quran, and Book of Mormon (I did not fully read those three, before you ask), Chakras, Energy Work, Healing, Reiki, Hypnotic Regression (and Past-Life Regression), Channeled Books (Seth, Kryon, Pleadians), Angels, Archangels, Qabalah (Kabbala), Christian Mysticism, Gnosticism, Paganism, Neo-Paganism, Alien Agenda, Alien Abduction, Tim Leary, LSD, DMT, Faeries, Tarot, Palmistry, Divination, Necronomicon, Invocation, Evocation, Sacred Geometry, Conspiracy Theory, and most recently, A Course in Miracles (in progress), Abraham material (Law of Attraction), The Master Key, Think and Grow Rich, and a few others I have queued up – I found that all of this information wasn't detached and free floating. All of it was connected. There was a common central unit of truth, from which each of these came.

I began to be able to see when certain authors were misinterpreting something, or simply didn't understand the root cause of why something they were discussing was so. I began to be able to fill in the blanks.

Finally I traced the full mass of knowledge down to the basic root – the one basic thing from which everything else descended. That was the Law of Attraction.

Thought creates reality. The conscious mind thinks, the subconscious mind accepts, and reality forms. That's it. From this, everything else stems. By altering thought, you can literally change the laws of the world, to include or exclude (in your reality) anything and everything. What you have is what you think; what you feel is what you get.

And so, through all of this, I found the information needed to create my own reality. It didn't take nearly that long to come to the realization of the nature of God however, and that is the topic of this e-book. Learning to create your own reality is covered in my other e-books, [The Secrets of Manifesting Your Reality](#) and [Ten Steps to Manifesting Your Desires](#).

So I will tackle the three base assumptions in this e-book, which will allow you to move into the next realm – going from the state of seeker (questions and answers) to the state of creator, or conscious constructor of your reality.

Part 1: God Is Everything, And Everything Is God

Everything is God, there is nothing that is not-God. You are a piece of God, just as everything around you is. There could not be a creator separate from his creations, because logically that would imply that this God created out of something else, something other than God-self. If that were the case, then there must be a greater creator who created the dichotomy of God + something to create with. And so you spiral upward until you come to the inevitable conclusion that there can not be anything other than God. You can reach this conclusion by logic, or you can turn your back on logic and turn inward. You will reach this conclusion through your creative side as well. It is not my place to bring you to this conclusion – it simply is what it is. However, in order to fully unleash your power as a creator, you must realize that everything, both tangible and intangible, is all one thing - God.

If you're still with me after that statement, then you are truly open minded. At large, the human race is taught that God is an entity separate from us, who has ideas about what we should and should not be doing, is ever-present, and is all-powerful.

Part of this is true.

God is all-knowing, all-present, all-powerful, and all-anything else you can think of. This is because God is everything – there is nothing that is *not* God. So of course God is these things.

Part of what began to disturb my happy peace around the age of 10 was the idea that if God had created everything, including those supposed fallen angels who were wreaking havoc on the world, then God inherently had to include all evil as well as all good. If God was all good, he/she could not possibly create something that was anything other than all good. Therefore, both sides of the coin had to be God's creation.

I began to picture the face of God as a half-Angelic, half-Demonic expression. This of course led to the realization that balance was necessary, and possible only through both sides of the equation. If there was no "evil", then there was no "good". There is no name for that which has no opposite – there would be no tall without a short, no light without a dark, no up without a down. Every point of physicality exists *because* its opposite exists, not in spite of the fact.

I realized then that the game of reality was being overlorded by a God who was playing both sides of the field. At this point I realized that judgment was not possible, for how could God judge something which he had created and which was exactly as it was created to be?

The very idea that we are able to do something that our creator would not want demonstrates an arrogance so great as to be simply stupid. The idea that God would create something and somehow *not* know what that something would be or do was stupid too. Therefore, the whole "life is a test of worthiness" explanation I found to be utterly ridiculous.

Then there was the fact that religions all describe a God who is all-loving and all-forgiving. So an all loving God who could damn his/her own creations was an idea that I also found stupid.

Finally, I realized that God could not have created all of his/her creations without using his/her self, as that would imply that there were building materials, let's say sticks-and-stones, and that God built using these sticks-and-stones. Therefore, at the initial point, was God + sticks-and-stones. So who creates the sticks-and-stones? There must be a higher God who created this God and his sticks-and-stones to play with.

And that God – did he create this God and sticks-and-stones out of his *own* sticks-and-stones?

Whether you're looking at this from a physical or metaphoric perspective, the fact remains that most religions and people have a basic underlying assumption that God and his creations are separate, where it is clearly impossible for God to have created from Not-God, without there being a higher level of this paradox going on. The only conclusion is that God created from God-self, which leads us to the inevitable conclusion that *EVERYTHING IS GOD*.

This idea is so adverse to everything we've heard and believed all our life that it is very difficult at first to accept. I reached the conclusion logically a year or two before I really was able to grasp and understand it, as I had to get my non-logical side on board, and had to reach the same conclusion through my right brain.

Through meditation, astral projection, trance, and later (in college), psychedelics, I was able to deeply realize this fact through my own personal experience and intuition. Combined with my logical conclusion, this cemented within me as an understood fact, and became my belief. At which point everything in reality began to display this fact to me.

I thought it was just a new level of awareness, and in a way it was, but also what I had done was to accept this new awareness as a belief. I had thought it until it became ingrained, and now my reality was being created in accordance with this new knowledge. Signs were everywhere now, and it was impossible to mistake myself as separate-from-God from that point onward.

I can not recommend psychedelics to you, not because they aren't a fantastic tool for realization and remembrance of your higher nature, but because they can be too easily explained away as hallucination by your logical mind once the experience is over. I do, however, recommend meditation and astral travel as two wonderful tools to find your own answers, as these (especially meditation itself), will bring you real knowing, without any possible excuses that you have hallucinated your experience.

As always, my primary recommendation for the best teachings in this field is Robert Bruce's book, *Astral Dynamics*. You will learn to become very relaxed quickly, enter trance states, deepen them, work with energy, work with visualization, and enter the astral realms where you have access to the Akashic Records and are closer to your spiritual core. Here you may find answers to any question you have, and so I whole-heartedly recommend this process to those interested in spiritual growth.

Part 2: Consciousness is Undivided and Present in All Things

Since everything is God, naturally curiosity must turn to consciousness. All of God is conscious, and this consciousness is, at its root, only one consciousness. However, we perceive the world in a way that makes it seem as though our individual consciousness is separate from what we perceive as other individual consciousnesses. This is not so. There is no division in consciousness, which is the essence of God and energy itself. It is all one fabric that encapsulates many different forms, as well as non-form. The realization that you and everything around you are connected in the most intimate, possible sense, will allow you to create belief structures that will empower you to begin controlling the reigns of your existence as a creator.

Okay, so if everything is God, then we are a part of God too. So what? Nothing is changing. Time to examine the most important, (truly, the *only*), tool we have at our disposal: our own consciousness.

What is consciousness? Primarily, we can define consciousness as self-awareness. We are aware that we are conscious, and we are conscious that we are aware. But what is this consciousness that we have?

Is it chemical? Is it our brain? Is it our soul?

Is our mind and our brain the same?

What are feelings? Why do some things make us feel good, and others make us feel bad?

Why is it that we are aware in the first place? What else is aware? Are other people truly aware, or do I only assume that they are because I am aware? Are animals truly aware? Is awareness the same as having a soul? Therefore, do animals have souls? Are they truly conscious?

Where does the soul, or consciousness, or awareness come from and how do we use it?

Consciousness, awareness, and the soul are a very tricky subject. They are, of course, tied together, and yet not the same thing. Perhaps before I go any further I should make a quick note about the world you experience on a daily basis, and take as solid fact.

The world does not exist.

“Eh?” you ask. It doesn’t exist. It’s not real. But for the moment let’s look at it as though it were real.

In this world, there is an infinite array of vibration. This vibration occurs within frequencies – the rate of vibration which determines how we experience (or do not experience) those vibrations.

If we look at something physical, say a rock, you know from science class that within that rock, going into the molecular realm, you will find a large number of smaller particles, each made up of smaller and smaller particles, until you’re down to the atomic level. We can stop there, although you can keep going (such is the science of quantum physics). Simply looking at atoms alone, we have learned that 99.99999999999999% of all matter is space. There is a tiny central unit, the nucleus, made up of any of numerous configurations of protons and neutrons, and then surrounded by whirling electrons.

One generalization is that the makeup, blown up to size, would be like a marble sitting in the middle of a football field, with the football field being the radius at which the closest level of electrons exist. (Whirling electrons

is the old model – there are now models of atomic entities in which the “circling electrons” perspective is incorrect – these models are, in my mind, more correct than the classic model).

Obviously, most of matter, which we consider to be so solid, is actually space. But on a macro level, we don't perceive this.

Down at those subatomic depths, everything is made of the same thing, which takes different forms on the macro level depending upon the configuration at the micro level. But it's all the same stuff down there, which further breaks down into pure energy.

We already know that mass *is* energy ($e=mc^2$) or rather, energy = mass times the speed of light squared. Mostly, we act as though we are not aware of this.

So what we perceive as ourselves is merely one configuration of this energy, and one configuration of the infinite web of consciousness. Consciousness itself is undivided and present in all things.

This may be even easier to understand if we try to take the illusions of time and space out of the matter.

Back to frequency. All vibration is light (which is energy), and the frequency of light determines how we perceive it. A certain band of light frequency we perceive as sight, another band as sound, another band as smell, etc etc etc.

Thus, these frequencies are perceived as a consistent, solid world of cause and effect, when in fact this is not the reality. In reality the subconscious mind takes the thoughts and beliefs of the conscious mind and creates the reality around you that you expect to experience. Reality itself is a wave of infinite possibility from which we choose solid experience, using our thoughts. Time is only existent in that we currently focus consciousness on one specific arrangement of reality, followed by another, and another, etc, with Time as the vehicle through which we experience focused variation in reality.

Through meditation, we may expand our consciousness and begin to deeply realize our connection with everything else – with God. We may experience our deep connection to one another, and see that all of reality is not a myriad of separate entities doing their own thing, but is actually one eternal organism – God, energy, whatever you want to call it – operating.

So back to our questions about consciousness, awareness, feelings and the soul.

I would define consciousness as that aspect of ourselves and of existence that is intrinsically God. The I behind the mind and body. The I

AM. We are each a manifestation of this one consciousness, and our consciousness itself is that piece of God that is present in us.

Awareness is more of a cognitive process – the ability to filter, sort, and categorize that which we are conscious of. If you have ever been very, very sick, or perhaps on drugs that overpowered you, or even half-asleep, you may have experienced a state wherein you were conscious, but not aware of what was going on. So awareness is our processing of that which we are conscious of.

I would define our soul as that part of us that is the individuation of God, or the portion of us that we consider ourselves. Of course, we are all one energy, one consciousness, but for the sake of our current experiencing, we have divided that up into many smaller pieces. Those pieces are what we define as “souls”.

Finally, feeling is that which connects our subconscious/soul reality with our conscious/thinking reality. When we think things that are in sync with what our soul knows to be true, we feel good. When we think things that are not in line with what our soul knows, we feel bad. Plain and simple. Feeling is a powerful tool in the process of manifestation – lots more info on using your feeling mechanism in [The Secrets of Manifesting Your Reality](#) and [Ten Steps to Manifesting Your Desires](#).

Part 3: You Can Create the Reality That You Want

From these assumptions you know that you are part of God, and that you have the creative potential of God. You know that you are no greater or lesser than any other creation or consciousness. Now let me show you how to take control of this and develop yourself into the masterpiece that you truly are and that you want to be.

So from these ideas we have planted a seed of empowerment. It is not necessary to believe these things to experience them. What *is* necessary is to suspend your disbelief long enough for the world to bring evidence to you. Ten years ago I hoped and wished that these things I was beginning to think were true, but they still seemed too deeply at odds with everything I had learned growing up, and with everything those around me knew and believed to be true about God and life. I suspended my disbelief just for awhile to see what would come into my reality.

Insight after insight, experience after experience, synchronicity after synchronicity later, as my life began to fill with people who were also learning what I was, I found that I was looking back on my suspension of disbelief in amazement. Amazement that I had ever needed to suspend those silly old beliefs in the first place. And excitement that everything I *hoped* was true *was!* But even *more* so, what I continued (and still continue) to learn, keeps getting better and better!

The universe, our lives, reality, in fact God, are incredibly benevolent. We can have, be, do, and experience whatever we choose. We can change the course of our lives in an instant, and we can reverse old habits just as quickly. We can claim health, even if we are very sick. We can claim freedom, even if we are trapped. We can claim riches, even if we are poor. The trick is to learn how to retrain ourselves to use the facilities of creation inherent within our very consciousness.

We are doing this all the time, but since we don't realize it, we are creating by default. We are not consciously creating what we want, and as a result we are creating many things in our reality that we do *not* want. We can stop this and begin bringing *only* those things that we want into our lives, and allow the things we do not want to fall away.

This process is incredibly powerful, magickal, and can occur very quickly. Magick, manifestation, and the Law of Attraction are all basically three aspects of the same thing – the one Universal Law.

These are the topics of my other e-books, [The Secrets of Manifesting Your Reality](#) and [Ten Steps to Manifesting Your Desires](#). If you are interested in learning more about manifestation, the law of attraction, and how to create your own reality, please check out those e-books and my website at <http://www.jonpeeoh.com/> There you will find free articles, forums, and a weekly newsletter regarding manifestation, magick (anything which uses the principles of manifestation to create results), and our power and freedom as the creators of our reality.

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